

Best personal practices

- I will develop* self-awareness and integrity by looking inward.
- I will commit* to taking care of myself physically and emotionally.
- I will utilize* tools and skills for successful self-management.
- I will demonstrate* self-discipline and self-respect.
- I will dedicate* my efforts to goal-setting and personal growth.

Best social practices

- I will honor* the experiences, cultures, abilities, and differences of others.
- I will be* an active listener.
- I will act* empathetically and positively support my peers.
- I will approach* conflicts constructively and non-violently.
- I will contribute* to the school environment and recognize my role in the global community.

Best intellectual practices

- I will value* courage, creativity, enthusiasm, and persistence in the inquiry I initiate.
- I will ask* questions and propose answers that challenge myself and my peers.
- I will examine* and analyze information and opinion before I accept it.
- I will complete* my work and research honestly, responsibly, and reflectively.
- I will seek* knowledge and wisdom independently.

BEST
PRACTICE:
LIVE
IT!